ORIGINAL ARTICLE

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Common Breast Cancer Family Care Giving Problems

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Abstract

Introduction: Family caregivers of patients with breast cancer may experience problems, such as anxiety, depression, fear and burden. Breast cancer diagnosis impacts a major blemish not only to the patient but also to the patient's family caregivers.

Methods: A cross-sectional design assessed patient's caregivers' problems with breast cancer care after treatment of breast cancer at the Iranian Center for Breast cancer (ICBC), Iran.

Results: 251 breast cancer caregivers attended and completed questionnaire. The mean age was 42.3(SD=±13.1) year, 76% were married and 54% had diploma. 61% of these patients received care s from their husbands and close relatives 19% from their second degree relatives. Between relationship of family caregivers with physical problems after care were significantly differences, (P=0.01). Between occupation of caregivers with individual-social problems were significantly differences (P<0.0001). Time of care giving under 6 month and up to 6-12 and for spiritual problems were significantly differences (P=0.04).

Conclusion: It seems that enough information's about breast cancers diagnosis, treatments and survival should be provide for caregivers. The health system should pay attentions to caregivers' concerns about their problems and financial supports. Also provide facilities for caregivers to cope with their patients problems.

Keywords: Caregivers, Problem, Breast Cancer.